

# KITCHEN GARDEN (ORGANIC GARDEN)

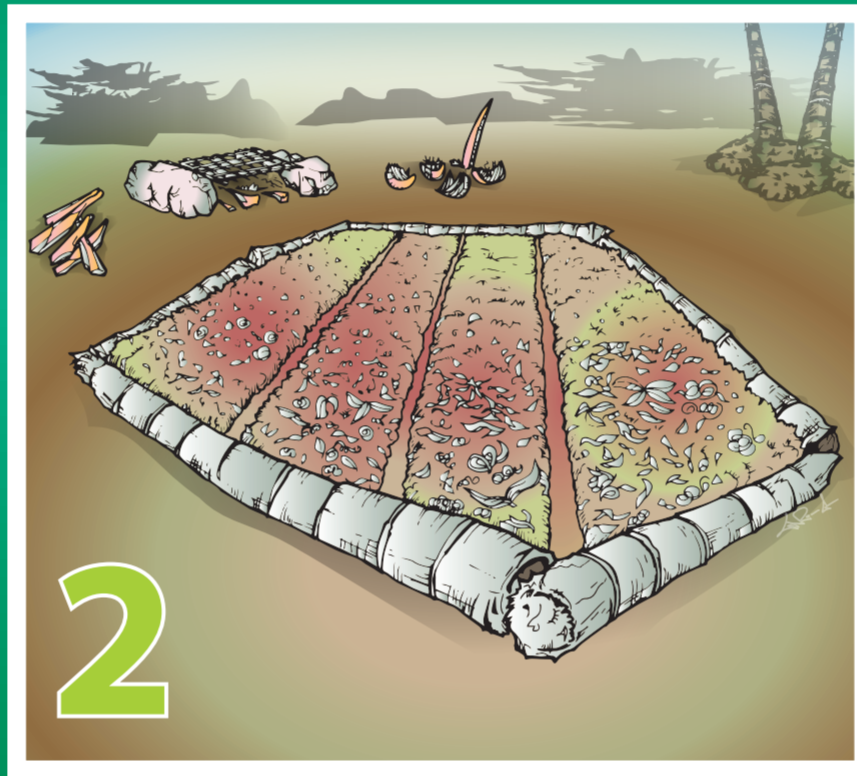
## Usefulness:

- Simple method of gardening outside the house
- The raised mulched beds keep the soil fertile and allows food to grow in sandy and salty soil if they are above the soil level.
- Allows for greens, leafy vegetables and fruits such as pawpaw for a balanced diet.
- Can also be done on atoll or rocky land

## How to build:



Select a material for the boundary edge of the raised beds in a circular and triangular shape – using either coconut husks, banana trunks or coconut logs.



Collect organic matter such as peel food scraps, leaves, animal manure, soil, ashes, coconut husks or seaweed. Layer the organic matter until it is at least 30cm high or 30 cm deep. Create trenches.



Plant into small pockets of soil among the organic matter. All vegetables are good for this type of garden – e.g aibika, eggplant, chinese cabbage, beans or fruit trees like pawpaw.



Keep adding more organic matter over time to the trenches or keep the beds raised the beds can sink as organic matter decomposes.



You can protect bed from pigs and chicken by fencing inseting strong thick sticks around the gardens.